**The Lockdown**  
 We find ourselves in three lockdowns: ourselves, determined by our experiences; our species, determining our history and genetic limitations; and our planet, to which our physical being is largely confined. We can be forgiven for thinking that God has placed us in quarantine to protect the Creation from something awful we have or might do. To transcend these barriers, we develop systems. Among these is Science. But more generally we find “belief” systems, which guide language and behavior. These are of course yet another form of lockdown, so use with caution! Especially beware the cult, a system with an explicit exit fee, such as ostracism, damnation, and death. Most religions are of that type. I will explore why at a later time.

**Bolzano**

**Cults and Religions**